

Anesthesia Recommendations



Operating Room at IOH, Northwest facility

No Food or Drink after Midnight

An empty stomach protects your lungs during and after surgery. This also means no gum, no mints, no hard candies. Your surgery may have to be rescheduled if you have eaten or had something to drink unless instructed to do so by the surgeon, the hospitalist staff or anesthesiologist.

Stop Smoking and All Tobacco Use

Smoking and nicotine can increase your risk for infection after surgery and can have a negative effect on your body's ability to heal wounds.

Alcohol or Street Drugs

These substances can interfere with anesthesia and may cause significant side effects as you recover from surgery.

CPAP

Please bring your CPAP machine if you are staying overnight at the hospital.

Inhalers

Please bring your inhaler to the hospital the day of surgery. The anesthesiologist will instruct you how to use it before surgery.

Pacemaker or Defibrillator

Please bring all information about your pacemaker or defibrillator to the hospital.

Call Your Surgeon

If there are any changes in your health before surgery such as chest pain, the flu, a fever, a skin infection or a new illness, please call your surgeon.

Arrange for a Driver

You cannot drive home after surgery or any kind of anesthesia or sedation. You cannot go home by Taxi unless someone other than the taxi driver is present.